

## A.R.E. CHARLOTTESVILLE NEWSLETTER

JOANNE DIMAGGIO, AREA COORDINATOR  
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### Going Strong Into Our Fourth Year



In January 2009 when we held our first program with Patrick Belisle, I had no idea if anyone would show up—much less that four years later I'd still be as excited and enthusiastic about bringing top-notch programs to Charlottesville as I was back then.

When I look back on the last three years, I can see how much has changed since that first program. We have a successful partnership with Unity of Charlottesville that has been beneficial to both our organizations. We have had the privilege of hosting some of the most sought-after and talented speakers in the field, who have come to Charlottesville to share their wisdom with us. We've started a new Search for God study group. We've organized multiple tours to The Monroe Institute. We've expanded our program-

ming to include smaller, more intimate discussions at the Forest Lakes Pavilion. And so many of us have made many new and cherished friends along the way.

But more than anything, we have introduced Edgar Cayce and the "Work" to over 1,300 individuals throughout Virginia and some surrounding states who have come to Charlottesville to experience one of our programs. Many never heard about Mr. Cayce or if they did, were unaware of the magnitude of his contribution to humanity.

There so many people in this world who love Mr. Cayce—not because they knew him personally (although some of them did!)—but because of his legacy in the 14,000+ readings he left behind. There are no words to express the enormity of the wisdom contained in those readings. Those of us who have been students of the readings know that what Mr. Cayce left us is a treasure beyond what our human minds can comprehend. Just imagine if you had the opportunity of a lifetime to have a personal reading from Edgar Cayce. You could ask him ANY

question, and he would go to his Source and get the answer for you—an answer you could trust and apply to transform your life in inconceivable ways. In a world in which there is so little to believe or trust in anymore, it is comforting to know that even though Mr. Cayce is gone, the answers he provided to so many of life's questions are *still* available to us. Time does not out-date nor distort the truth and wisdom contained in the Cayce readings.

So for me, having the opportunity to share that legacy with you, through the transformational lectures of our outstanding teachers, has been a humbling experience. I have learned much from our lecturers as well as from each of you and am privileged to call so many of you my friends. You have filled my heart with an abundance of love and I thank you for that.

I hope you will join us as we continue this extraordinary journey together. The times may be uncertain, but the wisdom of the Cayce readings continues to be our guiding light.

Joanne DiMaggio  
 A.R.E. Charlottesville  
 Coordinator



### Who We Are

We are the Charlottesville area of Edgar Cayce's Association for Research and Enlightenment, Inc. (A.R.E.®), a not-for-profit organization founded in 1931 by Edgar Cayce (1877-1945), to research and explore transpersonal subjects such as holistic health, ancient mysteries, personal spirituality, dreams and dream interpretation, intuition, and philosophy and reincarnation.

With an international headquarters in Virginia Beach, a regional headquarters in Houston, regional representatives throughout the U.S., Edgar Cayce Centers in 37 countries, and individual members in more than 70 countries, the A.R.E. community is a global network of individuals who offer conferences, educational activities, and fellowship around the world.

Visit [www.edgarcayce.org](http://www.edgarcayce.org)  
 for more information.

## Psychic Experiences Today: An Overview & Experiential Workshop with Patrick Belisle

**Saturday,  
January 21, 2012**

**1 pm—4 pm**

**\$20 per person  
\$35 per couple**

Cash or checks payable  
to A.R.E. Charlottesville

**Unity of  
Charlottesville  
2825 Hydraulic  
Road**

**Please RSVP to:  
are.cville@gmail.com  
or call 434-242-7348**

Psychic experiences are not things of the past which only saints and sages could manage; they are alive within each of us every day. And, according to Edgar Cayce, they are meant to be useful to us and those who we love and serve.

Many scientists will tell you psychic experiences are not possible in this physical Universe... while others have applied scientific methods and found otherwise.

If you have ever wondered about psychic experiences – your own or others’ – or wanted to learn about what they are or how they might work, you should attend this presentation.

Tell your curious friends and teenagers, your skeptical colleagues and family members, and even your church members and caregivers, they should consider par-

ticipating in this mind-opening, insightful, and fun presentation. You won’t learn THIS in school!

At the end of the presentation, you also will be given a chance to test your own psychic abilities.

### About Our Speaker



Patrick Belisle has been our yearly kick-off speaker since we began in January 2009 and this year is no exception. Popular with audiences here in Charlottesville where he lives, as well as in Virginia Beach, Patrick is a spiritual world traveler, having spent four years straight wandering North America and literally going around the world.

Raised Catholic, he has been a spiritual

seeker since age 14 when he led his church’s youth Bible study group, going on to study theology with Benedictine monks in college.

Since then, Patrick has lived with Buddhist monks in Thailand, taught meditation and dream work as an A.R.E. Camp counselor for 15 years, and has practiced hypnotherapy since 1999.

Patrick believes strongly in the power of Love and has officiated dozens of weddings and led many marriage-preparation workshops in his role as an ordained clergy person for the Church of Spiritual Humanism.

When he is not having psychic experiences or wandering the world, his day job is raising money for Edgar Cayce’s A.R.E. in Virginia Beach.

Patrick blends his joyful humor with deep substance to help others find love, meaning, and inspiration.

## Sleeping Dream—Waking Dream Unlocking the Secrets of Your Soul

*With Cheryl Baer Bernath & David Riblet*

Is there anyone alive who has not at some point in their life been, in turn: fascinated, bewildered, intrigued, horrified, inspired, baffled, overjoyed or mystified by a dream? It may have been dreamed yesterday or 30 years ago but the nagging feeling remains the same in the end... all that any of us really want to know is "What did it *mean*???" Was there some important message that I may have missed that might have made my life easier? More fulfilling? That might have told me clearly what it was that I'm here for? *Do our dreams have meaning* or are they just random neurons firing, "deleting the trash" of the day? Cheryl and David will be here on Feb. 4<sup>th</sup> with a resounding "YES!" Our dreams most certainly *do* have meaning and this workshop is for anyone desiring the tools to remember, understand and most importantly, *use* their dreams to:

- Make practical decisions!
- Get spiritual guidance!
- Enhance creativity!
- Connect your powerful intention to create a more purposeful life!

•Realize your connection to your Soul Group and Loving Higher Consciousness!

And then, we'll take it one step further and see how our conscious lives – the Waking Dream – can be interpreted using the same method! Based on the amazing and practical advice in the Edgar Cayce readings concerning the absolute importance of dreams as one of the top three tools for Spiritual Evolution, you'll have the opportunity to share and play with some of your own dreams... and if you've been having a "dry spell" – how to "kick-start" those life-affirming dreams back into gear!

### About Our Speakers

Soul partners, Cheryl Baer-Bernath and David Riblet laughingly say a typical morning in their house invariably begins with a lively discussion of the dreams of the previous night! And lots of journaling!

Cheryl began keeping a daily journal of her spiritual journey in 1980 and so has extensive resources in the way of practical experience in working with her dreams!

When they met, David quickly caught the "journaling bug" and now they have combined their practical understanding and application of their experiences into a number of intriguing and inspiring workshops.

Both moved to Virginia Beach to follow an avid interest in the Edgar Cayce material that led them to ARE headquarters: Cheryl, from Buffalo, NY, and David from Philadelphia, PA.

With a background as a professional singer and musician who travelled extensively throughout the US and Canada, Cheryl presently is the ARE Headquarters Conferences Facilitator and has been lecturing on Dreams and Reincarnation for over ten years.

A Certified Hypnotherapist, Cheryl likes to include guided imagery into her programs in order to access a higher level of consciousness in the attendees.

David has spent the last 25 years working with the Cayce products and now, as a dedicated member of the Glad Helpers Prayer Group at the ARE, enjoys speaking on the non-physical aspects of the Cayce readings, such as dreams, reincarnation, and group consciousness.

Due to a Near-Death experience in 1989, David brings a unique perspective and understanding to their combined workshops.

Their last appearance in Charlottesville presenting "The Sphinx of the Self: Past Lives, Soul Families and Your Life's Plan" was met with rave reviews and their intention is, as always, to "Uplift, Inspire and Empower" all who are drawn to attend.

Come and be open to having a transformative (and fun!) experience!



**Saturday**  
**Feb. 4, 2012**  
10 a.m.—5:00 p.m.  
**\$55 per person**  
**Couples \$99**  
**Forest Lakes Pavilion**  
**1828 Pavilion Circle**  
**Charlottesville**

**NOTE: The Forest Lakes Pavilion is limited to 40 people so you must register in advance for this program to guarantee a seat! Bring your lunch or plan to eat at one of the many nearby restaurants, some within walking distance. Refreshments will be served.**

RSVP to  
[are.cville@gmail.com](mailto:are.cville@gmail.com)  
or call

**434-242-7348**

## The Great Shifting: 2012 and Beyond

*With PMH Atwater*

**Saturday,  
Feb. 18, 2012**

**1 pm—4 pm**

**\$20 per person  
\$35 per couple**

**Cash or checks payable  
to A.R.E. Charlottesville**

**Unity of  
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No one really knows for certain what will happen on December 21, 2012. What we do know is this: the date given for the ending of the Mayan Calendar is an agreed-upon date offered by scholars, shamans, psychics, and investigators. What rings with greater truth is a time-frame, a span of some years between the rapid acceleration of energy throughout the universe, the results of that acceleration, and the radical shifting of "life as usual" afterward. The Great Shifting itself refers to the turning of the Cosmic Year (happens about every 25,920 years), to the next cycle of Creation's Great Story (sometimes termed "The Grand Spiral of Remembrance"). The ending of the Mayan Calendar is part of this story, but only part of it.

This talk will be presented in two sections. The first focuses on giving the Mayan Calendar another look and recognizing that it really is not a calendar per se, but is rather a device used to track the devel-

opment of consciousness in the earth plane. We will compare Mayan time cycles with what Theosophy tells us, augmenting that with several other spiritual traditions. We will also take a good look at the astrological factor, entering the dark portal, rhythms and timing, as well as what is happening now.

The second part concerns the Fifth World, what we are now entering, with the ascension and rise of the Fifth Root Race (our new children, which includes many of us, not just kids). This movement into the Fifth World is like a birthing, where we are all swept into new and different environments. Does the world end? No, it does not. But our world, the way we have been living, does end. There are no innocents in this shift, and no exceptions. We are changing, all of us. The new world spreading out around us is as incredibly exciting and wondrous, as it is fearful and terrifying. Comments from the audience are welcome.

### About Our Speaker



PMH Atwater, L.H.D. is one of the original researchers in the field of near-death studies, having begun her work in 1978 and completing 10 books on her findings – some of which have now been verified in clinical settings.

Her, *The Big Book of Near-Death Experiences*, was featured in the online version of *Newsweek Magazine*. *Near-Death Experiences: The Rest of The Story* is her most complete and controversial book yet.

She has won many awards, appeared on numerous TV shows, and spoken around the world – always inviting people to look past appearances for the truth that underlies what we think we know.

# Past Life Patterns

With Carolyn Gelone

The Edgar Cayce readings say that patterns from past lives affect us in our present lives. Are your present relationships in harmony or baffling? Are you expressing the talents stored in your inner programming?

Don't let old patterns get in the way of making choices to enhance your life today.

In this experiential program, we will search for your patterns. You will experience a past life regression and learn four techniques to help you move on with your soul growth.

### About Our Speaker:



Carolyn Gelone has researched the Edgar Cayce psychic readings for 35 years. She has been a professional past life regressionist since 1979.

Carolyn holds a Bachelor of Science degree in Education from Pennsylvania State University and a Master's Equivalency in eEducational Psychology from the University of Pennsylvania, the University of Ha-

waii and Marywood College.

Her certification in hypnotherapy was obtained from the American Council of Hypnotist Examiners.

Carolyn is the author of *Teaching for Wholeness*, a book combining Cayce principles with education.

Carolyn is a former A.R.E. staff member who has lectured across the United States and in Canada.

She and Joanne met nearly 20 years ago through the A.R.E. Carolyn became a popular speaker at Joanne's past life organization, PLEXUS, in Naperville, Illinois. We are excited to introduce her to Charlottesville members and friends and encourage you to mark this date on your calendar!

**Saturday**  
**March 3, 2012**

10a.m.—4:00 p.m

**\$45 per person**  
Couples \$80

**Forest Lakes Pavilion**

**1828 Pavilion Circle**

**Charlottesville**

**LIMITED SEATING. PLEASE RSVP TO RESERVE A SEAT**

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### News to Share!

A.R.E. Charlottesville coordinator Joanne DiMaggio will be doing a program on "Soul Writing" for Chrysalis on **Sunday, January 8**, from 3:00 to 5:00 p.m. at Unitarian Universalist Fellowship in Waynesboro.

She'll repeat the program for audiences in Richmond on **Thursday, March 8**, from 6:30 to 8:00 p.m. at The Alchemist Books and Gift shop in the Stony Point Shopping Center.

Joanne also was honored by being asked to share the stage to discuss her book "Soul Writing" alongside her friend and colleague, Frank DeMarco, author of *The Cosmic Internet*, at the 2012 Virginia Festival of the Book in late March. Exact date to be announced.

## Karmistry: Understanding the Karmic Mystery of Chemistry & Relationships

*With Caycophile, Peter Woodbury, MSW*

**Saturday,  
March 17, 2012**

**1 pm—4 pm**

**\$25 per person  
\$45 per couple**

Cash or checks payable  
to A.R.E. Charlottesville

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**Please RSVP to:  
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Did you ever wonder why you were never attracted to that “perfect” person your parents and friends liked so much? And then you fell head over heels for the one they all knew was wrong for you? And you even agreed with them! But that elusive “chemistry” was missing in one but not the other.

In this workshop, you’ll come to understand about ‘Karmistry’ – the interplay of karma and chemistry that fuel our love interests. And whether you’ve found your soul mate or are still looking, this workshop will help you understand Edgar Cayce’s profound perspective on who and why we love, our soul journey and purpose, our relationship choices, and illuminate the subject of soul mates, soul groups and twin souls.

This promises to be an enlightening event you won’t want to miss!

### About Our Speaker!



Peter’s great-grandmother was a medium and lived to be 107! He was thus able to get to know her and this was the spark, in this life, for his deep interest in the interface between the psychic and the spiritual. He was born in the US but lived around the world as his father was from France and his mother from the Caribbean. He is fluent in three languages and is learning his fourth from his wife, Miki, who is Japanese.

He received his undergraduate degree in psychology in 1983 from Harvard University in Cambridge, Massachusetts and his master’s

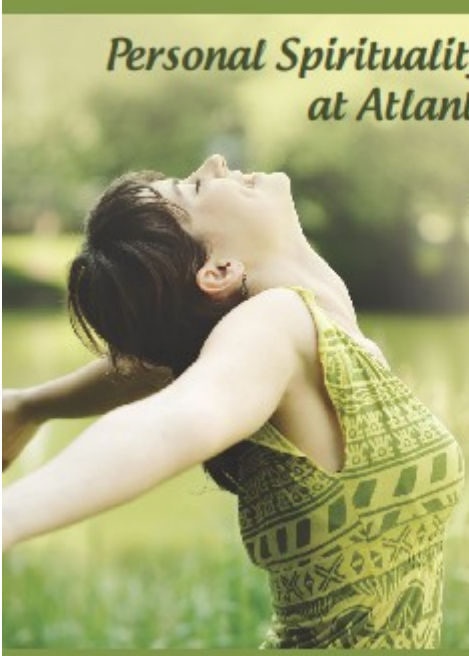
degree in social work from Boston University in 1991.

Peter is in private practice as a psychotherapist and hypnotherapist in Virginia Beach, with a focus on the use of spirituality and faith as tools for personal transformation and liberation.

Peter has studied the Cayce readings for over 20 years, and is currently writing his first book on the relationship between each of us to Jesus, to Christ and to God.

At the A.R.E., Peter has been the field conferences manager, the headquarters conferences facilitator and is currently the supervisor of the A.R.E.’s Visitor’s Center, which hosts over 100,000 visitors a year.

He also finds time to play Edgar Cayce in the very popular one-man show titled, “An Evening with Edgar Cayce,” which he presented in Charlottesville in May 2011 to everyone’s delight!




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## Past Life Regressions

**Joanne DiMaggio, MA, CHt**

*Over 20 years experience exploring how issues from the past impact the present*

Graduate of Eastern Institute of Hypnotherapy  
Member of Int'l Assoc. of Past Life Therapists  
Spiritual Mentor Certification through  
Atlantic University

**434-242-7348**

## Welcome to Products

### Liquidation Sale

**As you know, we have been offering a small selection of Baar products for sale as a fund-raiser for our area. We still have a handful of product left, which we are selling at a very generous 30% discount.**

**This includes:**

- Atomic Iodine
- Ioxan Cayce Herbal Gum Massage
- Tincture of Myrrh
- Ragweed Tincture
- Castor Oil & Disposable Packs
- Camphor Care

**These products will be available at all our upcoming programs until sold out. We will not be reordering so if you are interested in any of these products, stop by our sale table during our next program.**

## What's Ahead!

**Saturday, April 21**

*The Lost Continent of  
Lemuria and its Influence  
Upon the World*

with Linda Jewell

Unity of Charlottesville

**Saturday, May 19**

*Numerology*

With Betty Riley

9am-4pm

Forest Lakes Pavilion

**Saturday, June 23**

*Mindwalking: Rewriting Your  
Past to Create Your Future*

With Nancy Eubel

Unity of Charlottesville

## Volunteers Still Needed for the Past Life Regression/Soul Writing Research Project

Last Fall, I had the pleasure of working with close to 25 volunteers who came forward to be a part of my past life regression/soul writing research project. With only one exception, everyone was successful in going to the past life that was impacting them in the here and now, and getting expanded information on that life through soul writing.

The research project is the foundation for my next book: "Writing Your Past Lives" which is a sequel to my last book, "Soul Writing: Conversing With Your Higher Self." The purpose of the project is to see whether individuals from the same soul family would be attracted to the project and come forward, going to past lives in the same time period or dealing with the same issues. It is also intended to prove that past

life information can be obtained through soul writing on its own, or that soul writing can be a helpful tool in obtaining additional information that did not come forth during the regression session.

I would like to do a few more sessions for the book, so if you were unable to book a session during the first round, you may be able to do so now. Because the sessions are being done in my home, I prefer working only with individuals I know and those who have had successful regressions in the past. There is no cost. Each session takes about 1-1/2 hours and you will be given everything you need.

If you are interested, please email me at [are.cville@gmail.com](mailto:are.cville@gmail.com).

*Joanne DiMaggio*



**Edgar Cayce's A.R.E.**

Association for Research and Enlightenment

**Charlottesville Area Team**

**P.O. Box 6475**

**Charlottesville, VA 22906-6475**

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